

The Christian Family Movement has action groups across the United States of America—in parishes from California to New York, from Wisconsin to Texas, from Illinois to Florida.

CFM families have been sharing their faith for over 60 years.

A typical CFM group consists of 5-7 families meeting once a month for prayer, Scripture reflection, and discussion. These meetings are guided by program materials published by the Christian Family Movement.

CFM meetings are based on a simple method:

- *OBSERVE* a common situation in everyday life
- *JUDGE* it against the vision of Jesus Christ
- *ACT* upon this understanding of Christ's vision

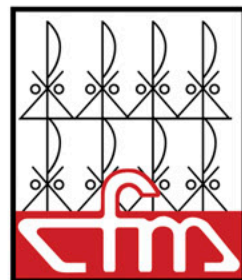
Families grow in understanding of what it means to be Christ in the world by living their faith. The discussions are for adults, but groups often include children for prayer, social activities, and actions.



How can you become a part of the Christian Family Movement?

- Contact the CFM national office for a starter kit and information on resources and membership.
- A CFM starter kit has everything you need to start a group, including 4 program books and an introductory DVD:
 1. Invite a few couples to take a look at the introductory materials.
 2. Open that invitation up to more families in your parish.
 3. Set a first meeting date and time and start sharing faith—in homes, at church, with the world!

Christian Family Movement
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Christian Family Movement

Families Sharing Faith



in homes, at church, with the world.



What do members say about the Christian Family Movement?

“For us, CFM has improved our marriage, deepened our faith, and brought us closer to families in the church. Our children love going to CFM meetings and have made some great friends as well. We had always wanted to be a part of something like this and are thankful to have found CFM!”

BJ and Kristin Walraven, Ann Arbor, Mich.

“We like carving out time once a month to have meaningful conversations with other couples and then taking deliberate action on how we raise our family.”

Rob and Katie Zimmerman, Omaha, Neb.

From a pastor’s perspective:

“Catholics are not used to talking about their faith. CFM invites them to share and discuss their faith and love for the Lord in light of their daily living. In my large parish, CFM affords the experience of a small faith community, helping my parishioners grow in commitment to Christ and develop as lay leaders.”

Rev. Thomas R. Rzepiela, Pastor
St. Thomas of Villanova, Palatine, Ill.

*CFM is recommended by the United States Council of Catholic Bishops to families and parishes as a program which **forms lay leadership, supports marriage, and brings families together to share their faith with the world.***

When families join the **Christian Family Movement**, they become part of a **national movement of Catholics** and their families.

These families share a **common mission:**

- to promote Christ-centered **marriage** and **family** life;
- to help individuals and their families to live the **Christian faith** in everyday life; and
- to improve society through **actions** of love, service, education and example.

What are some of the benefits of the Christian Family Movement?

CFM provides a **small Christian faith community** within the larger Church in which individuals, marriages and families are supported and grow.

CFM families pray, play, and act together, building a **strong family support system.**

CFM **enhances the couple relationship** as spouses spend time together deepening their faith.

CFM **materials are Catholic** and are **inclusive** of inter-church families. They are **welcoming** to couples and single parents, too.

CFM enriches families as **parents learn how to build happier** families by living their faith.

CFM challenges individuals to apply the Gospels to their lives, **forming parish and community leadership.**

CFM brings families together to discuss important issues that affect the world in which we live. Through discussion and prayer, **families discover how they can act to make a positive difference for Christ.**