



Christian Family Movement

What does CFM do?

The Christian Family Movement strengthens families in these ways:

- CFM helps parents improve their family life, providing new insights and support for tough decisions.
- CFM helps members become seven-day-a-week Christians. Faith becomes more of a way of life, less of a sometime thing.
- CFM creates a community of like-minded families, creating new and lasting friendships.
- CFM helps members improve their community at large through actions of love, service, education and example.

Who is in CFM?

We welcome young families, blended families, single parents, empty-nesters, newly marrieds, grandparents, interfaith families – people who believe in the importance of Christian families.

What happens at a CFM meeting?

At St. Thomas, both parents and children of all ages are invited to the meetings. The adults will meet separately while the children are together for activities and fun time. Depending on the number of children who come, we may divide them into age related groups.

This year the adults will be discussing a topic from the introductory CFM book entitled “Taking the Time to Make a Difference”. Discussions at CFM meetings are based on a simple method:

OBSERVE what is happening in our families, our parish, our community.

JUDGE what we see from a Christian viewpoint.

ACT in some way to improve the situation.

The actions CFMers take may be large or small, but by doing something we change ourselves and our families. We grow in understanding of our call to be Christ in the world. We grow personally and spiritually.

After the adult discussion, parents and kids will come together for a brief family activity or just some social time.

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CFM Membership

For our adult discussion this year, we will follow the introductory book to CFM entitled "Taking the Time to Make a Difference". We ask that each family join the national CFM at a trial membership level of \$10 for which they will receive the discussion book "Taking the Time to Make a Difference" as well as six months of the CFM newsletter.

Questions? Want more info?

If you have questions, please call:
Mary Spila 847.991.4298
Kate O'Connell 847.776.7352
Anna Kieliszewski 847.202.1877

Check out the national website:
www.cfm.org

2003 — 04 Calendar

Meetings, unless otherwise noted, will be at the west end of the school beginning at 7:00 p.m. and wrapping up around 8:45 p.m. with social time afterward.

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| October 24 | Introductory meeting |
| November 14 | Chapter 1: "My Time, My Treasure: <i>Where have all the hours gone...</i> " |
| December 12 | Chapter 2: "Taking the Time to Build Family Memories" |
| January 9 | Chapter 3: "Taking the Time for Relationships" |
| January 23 | Family Activity - service
(Location and time to be determined) |
| February 6 | Chapter 4: "Taking the Time to Influence Institutions" |
| March 12 | Chapter 5: "Taking the Time to Reach Out to Others" |
| April 2 | Chapter 6: "NOW is the Time to Make a Difference" |
| April 17 or 18 | Family Activity - service
(Location and time to be determined) |
| May 14 | Discussion topic to be announced |
| June 11 | Family Activity - social
(Location and time to be determined) |